



15. Mühlhäuser Altstadtlauf  
Mühlhausen / 27.08.2011

Detailed evaluation

Rudolph, Astrid

Club: SV 1899 Mühlhausen  
Number: 1794

Course: 10.00 km  
Hauptlauf

Category:  
Frauen W50

Total time: 55:55

Speed: 10.73 km/h  
Running performance: 5:35 min/km

Rank in course/Total: 133 (of 156)

Rank in course/Women: 12 (of 25)

Best time in course: 44:13

Rank in category: 2(of 4)

Best time in the category: 44:13