



15. Mühlhäuser Altstadtlauf  
Mühlhausen / 27.08.2011

Detailed evaluation

Esche, Astrid

Club: Sparkasse Unstrut-Hainich  
Number: 1787

Course: 10.00 km  
Hauptlauf

Category:  
Frauen W40

Total time: 1:02:03

Speed: 9.67 km/h  
Running performance: 6:12 min/km

Rank in course/Total: 146 (of 156)

Rank in course/Women: 19 (of 25)

Best time in course: 44:13

Rank in category: 4(of 5)

Best time in the category: 45:19