



15. Mühlhäuser Altstadtlauf  
Mühlhausen / 27.08.2011

Detailed evaluation

Güldner, Heike

Club: Mühlhausen  
Number: 1891

Course: 10.00 km  
Hauptlauf

Category:  
Frauen W45

Total time: 1:03:51

Speed: 9.40 km/h  
Running performance: 6:23 min/km

Rank in course/Total: 149 (of 156)

Rank in course/Women: 21 (of 25)

Best time in course: 44:13

Rank in category: 4(of 5)

Best time in the category: 47:03