



31. Königseer Stadtwaldlauf  
Königsee / 28.08.2011

Detailed evaluation

Hennig, Bernhard

Club: SV Mihla  
Number: 119

Course: 10.00 km  
Kurzstrecke Lauf

Category:  
Männer M60

Total time: 51:44

Speed: 11.60 km/h  
Running performance: 5:10 min/km

Rank in course/Total: 77 (of 136)

Rank in course/Men: 67 (of 100)

Best time in course: 37:25

Rank in category: 5(of 10)

Best time in the category: 45:13