



31. Königseer Stadtwaldlauf
Königsee / 28.08.2011

Detailed evaluation

Jahn, Elke

Club: Immelborn
Number: 126

Course: 10.00 km
Kurzstrecke Lauf

Category:
Frauen W45

Total time: 54:11

Speed: 11.07 km/h
Running performance: 5:25 min/km

Rank in course/Total: 81 (of 136)
Rank in course/Women: 12 (of 36)
Best time in course: 47:37

Rank in category: 4(of 9)
Best time in the category: 48:53