



31. Königseer Stadtwaldlauf  
Königsee / 28.08.2011

Detailed evaluation

Jahn, Elke

Club: Immelborn  
Number: 126

Course: 10.00 km  
Kurzstrecke Lauf

Category:  
Frauen W45

Total time: 54:11

Speed: 11.07 km/h  
Running performance: 5:25 min/km

Rank in course/Total: 81 (of 136)

Rank in course/Women: 12 (of 36)

Best time in course: 47:37

Rank in category: 4(of 9)

Best time in the category: 48:53