



31. Königseer Stadtwaldlauf
Königsee / 28.08.2011

Detailed evaluation

Zelle, Monique

Club: Dream Team Ilmenau
Number: 176

Course: 10.00 km
Kurzstrecke Lauf

Category:
Frauen W40

Total time: 57:59

Speed: 10.35 km/h
Running performance: 5:48 min/km

Rank in course/Total: 106 (of 136)

Rank in course/Women: 19 (of 36)

Best time in course: 47:37

Rank in category: 5(of 8)

Best time in the category: 49:28