



31. Königseer Stadtwaldlauf  
Königsee / 28.08.2011

Detailed evaluation

Heller, Detlev

Club: Schweina  
Number: 500

Course: 10.00 km  
Nordic Walking lang

Category:  
Männer

Total time: 1:19:40

Speed: 7.53 km/h  
Running performance: 7:58 min/km

Rank in course/Total: 2 (of 6)

Rank in course/Men: 2 (of 4)

Best time in course: 1:16:40

Rank in category: 2(of 4)

Best time in the category: 1:16:40