



31. Königseer Stadtwaldlauf
Königsee / 28.08.2011

Detailed evaluation

Harz, Sebastian

Club: SV Hermsdorf
Number: 341

Course: 20.00 km
Langstrecke Lauf

Category:
Männer M30

Total time: 1:13:19

Speed: 16.37 km/h
Running performance: 3:40 min/km

Rank in course/Total: 2 (of 47)

Rank in course/Men: 2 (of 46)

Best time in course: 1:10:10

Rank in category: 1(of 2)

Best time in the category: 1:13:19