



31. Königseer Stadtwaldlauf
Königsee / 28.08.2011

Detailed evaluation

Ströhl, Thomas

Club: Saalfeld
Number: 327

Course: 20.00 km
Langstrecke Lauf

Category:
Männer M30

Total time: 1:26:27

Speed: 13.88 km/h
Running performance: 4:19 min/km

Rank in course/Total: 7 (of 47)

Rank in course/Men: 7 (of 46)

Best time in course: 1:10:10

Rank in category: 2(of 2)

Best time in the category: 1:13:19