



31. Königseer Stadtwaldlauf  
Königsee / 28.08.2011

Detailed evaluation

Schenke, Joerg

Club: SLV Saalfeld  
Number: 353

Course: 20.00 km  
Langstrecke Lauf

Category:  
Männer M45

Total time: 1:33:13

Speed: 12.87 km/h  
Running performance: 4:40 min/km

Rank in course/Total: 20 (of 47)

Rank in course/Men: 19 (of 46)

Best time in course: 1:10:10

Rank in category: 4(of 13)

Best time in the category: 1:28:26