



31. Königseer Stadtwaldlauf
Königsee / 28.08.2011

Detailed evaluation

Stahn, Michael

Club: SV Hermsdorf
Number: 348

Course: 20.00 km
Langstrecke Lauf

Category:
Männer M45

Total time: 1:38:53

Speed: 12.14 km/h
Running performance: 4:56 min/km

Rank in course/Total: 28 (of 47)

Rank in course/Men: 27 (of 46)

Best time in course: 1:10:10

Rank in category: 7(of 13)

Best time in the category: 1:28:26