



31. Königseer Stadtwaldlauf  
Königsee / 28.08.2011

Detailed evaluation

Grenzner, Roy

Club: Dresden

Number: 333

Course: 20.00 km

Langstrecke Lauf

Category:

Männer M40

Total time: 1:40:19

Speed: 11.96 km/h

Running performance: 5:01 min/km

Rank in course/Total: 31 (of 47)

Rank in course/Men: 30 (of 46)

Best time in course: 1:10:10

Rank in category: 4(of 4)

Best time in the category: 1:30:36