



31. Königseer Stadtwaldlauf
Königsee / 28.08.2011

Detailed evaluation

Walther, Ralph

Club: DAV Jena
Number: 364

Course: 20.00 km
Langstrecke Lauf

Category:
Männer M45

Total time: 1:40:48

Speed: 11.90 km/h
Running performance: 5:02 min/km

Rank in course/Total: 34 (of 47)

Rank in course/Men: 33 (of 46)

Best time in course: 1:10:10

Rank in category: 9(of 13)

Best time in the category: 1:28:26