



31. Königseer Stadtwaldlauf  
Königsee / 28.08.2011

Detailed evaluation

Holzhaus, Reiner

Club: SV Kamsdorf  
Number: 304

Course: 20.00 km  
Langstrecke Lauf

Category:  
Männer M50

Total time: 1:44:46

Speed: 11.45 km/h  
Running performance: 5:14 min/km

Rank in course/Total: 41 (of 47)

Rank in course/Men: 40 (of 46)

Best time in course: 1:10:10

Rank in category: 10(of 13)

Best time in the category: 1:29:52