



31. Königseer Stadtwaldlauf
Königsee / 28.08.2011

Detailed evaluation

Moldenhauer, Frank

Club: Ilmenau
Number: 337

Course: 20.00 km
Langstrecke Lauf

Category:
Männer M50

Total time: 1:53:45

Speed: 10.55 km/h
Running performance: 5:41 min/km

Rank in course/Total: 44 (of 47)

Rank in course/Men: 43 (of 46)

Best time in course: 1:10:10

Rank in category: 12(of 13)

Best time in the category: 1:29:52