



31. Königseer Stadtwaldlauf
Königsee / 28.08.2011

Detailed evaluation

Becher, Ronald

Club: Isseroda
Number: 227

Course: 10.00 km
Kurzstrecke Lauf

Category:
Männer M45

Total time: 42:07

Speed: 14.25 km/h
Running performance: 4:13 min/km

Rank in course/Total: 15 (of 136)

Rank in course/Men: 14 (of 100)

Best time in course: 37:25

Rank in category: 3(of 26)

Best time in the category: 40:22