



6. Warburger Walking-Nordic Walking-Tag

Warburg / 10.09.2011

Detailed evaluation

Wignanek, Wolfgang

Club: LC Paderborn

Number: 551

Course: 4.80 km

4.8 km Walking

Total time: 32:22

Speed: 8.90 km/h

metres in height up: 76

Course score: 5.14

performance score: 53 Points