



## 6. Warburger Walking-Nordic Walking-Tag

Warburg / 10.09.2011

### Detailed evaluation

Nieland, Bärbel

Club: Laufteam Gescher

Number: 531

Course: 4.80 km

4.8 km Walking

Total time: 38:51

Speed: 7.41 km/h

metres in height up: 76

Course score: 5.14

performance score: 44 Points