



6. Warburger Walking-Nordic Walking-Tag

Warburg / 10.09.2011

Detailed evaluation

Mrozek, Heike

Club: DJK Preußen Bochum 1911

Number: 2037

Course: 20.60 km

20,6 km Walking

Total time: 3:06:08

Speed: 6.45 km/h

metres in height up: 336

Course score: 25.04

performance score: 170 Points