



6. Warburger Walking-Nordic Walking-Tag

Warburg / 10.09.2011

Detailed evaluation

Bolek, Christine

Club: Hagen

Number: 547

Course: 4.80 km

4.8 km Nordic Walking

Total time: 43:06

Speed: 5.57 km/h

metres in height up: 76

Course score: 5.14

performance score: 40 Points