



## 6. Warburger Walking-Nordic Walking-Tag

Warburg / 10.09.2011

### Detailed evaluation

Hohenwald, Alexandra

Club: Post SV Unna

Number: 517

Course: 4.80 km

4.8 km Nordic Walking

Total time: 45:37

Speed: 6.31 km/h

metres in height up: 76

Course score: 5.14

performance score: 38 Points