



## 6. Warburger Walking-Nordic Walking-Tag

Warburg / 10.09.2011

### Detailed evaluation

**Pruschko, Patrick**

Club: VfL Bochum 1848 Leichtathletik e.V.

Number: 513

Course: 4.80 km

4.8 km Nordic Walking

Total time: 46:07

Speed: 6.25 km/h

metres in height up: 76

Course score: 5.14

performance score: 37 Points