



6. Warburger Walking-Nordic Walking-Tag

Warburg / 10.09.2011

Detailed evaluation

Kramer, Martina

Club: Post SV Unna

Number: 546

Course: 4.80 km

4.8 km Nordic Walking

Total time: 48:10

Speed: 4.98 km/h

metres in height up: 76

Course score: 5.14

performance score: 36 Points