



## 6. Warburger Walking-Nordic Walking-Tag

Warburg / 10.09.2011

### Detailed evaluation

Ellebracht, Heiko

Club: Diemelwalker Warburg

Number: 507

Course: 4.80 km

4.8 km Nordic Walking

Total time: 58:58

Speed: 4.07 km/h

metres in height up: 76

Course score: 5.14

performance score: 29 Points