



6. Warburger Walking-Nordic Walking-Tag

Warburg / 10.09.2011

Detailed evaluation

Luhmann, Mechthild

Club: Post SV Unna

Number: 1023

Course: 9.50 km

9,5 km Nordic Walking

Total time: 1:13:51

Speed: 7.31 km/h

metres in height up: 141

Course score: 11.12

performance score: 90 Points