



## 6. Warburger Walking-Nordic Walking-Tag

Warburg / 10.09.2011

### Detailed evaluation

Freund, Heinrich

Club: BTC-Herne

Number: 1031

Course: 9.50 km

9,5 km Walking

Total time: 1:19:02

Speed: 6.83 km/h

metres in height up: 141

Course score: 11.12

performance score: 84 Points