



6. Warburger Walking-Nordic Walking-Tag

Warburg / 10.09.2011

Detailed evaluation

Cordes, Birgit

Club: Laufteam Gescher

Number: 532

Course: 4.80 km

4.8 km Walking

Total time: 36:33

Speed: 6.57 km/h

metres in height up: 76

Course score: 5.14

performance score: 47 Points