



6. Warburger Walking-Nordic Walking-Tag

Warburg / 10.09.2011

Detailed evaluation

Kochskämper, Siegfried

Club: TV Beckum

Number: 1015

Course: 9.50 km

9,5 km Nordic Walking

Total time: 1:13:09

Speed: 7.79 km/h

metres in height up: 141

Course score: 11.12

performance score: 91 Points