



## 6. Warburger Walking-Nordic Walking-Tag

Warburg / 10.09.2011

### Detailed evaluation

Vierhaus, Udo

Club: Team 4haus

Number: 510

Course: 4.80 km

4.8 km Nordic Walking

Total time: 33:49

Speed: 7.10 km/h

metres in height up: 76

Course score: 5.14

performance score: 51 Points