



6. Warburger Walking-Nordic Walking-Tag

Warburg / 10.09.2011

Detailed evaluation

Umbach, Dorothee

Club: Stadt Bochum Walking Team

Number: 1004

Course: 9.50 km

9,5 km Walking

Total time: 1:23:09

Speed: 6.49 km/h

metres in height up: 141

Course score: 11.12

performance score: 80 Points