



## 6. Warburger Walking-Nordic Walking-Tag

Warburg / 10.09.2011

### Detailed evaluation

Rüssmann, Mechthild

Club: BSG DSW21/DEW21

Number: 1033

Course: 9.50 km

9,5 km Walking

Total time: 1:38:36

Speed: 5.48 km/h

metres in height up: 141

Course score: 11.12

performance score: 67 Points