



# 41. Brockenlauf, 21. Ilsesteinlauf

Ilsenburg / 03.09.2011

## Detailed evaluation

**Röthing, Constanza**

Club: ITS Ilsenburg  
Number: 1013

Course: 9.60 km  
Ilsestein-Walking

Category:  
Walking Frauen

Total time: 1:24:07

Speed: 6.85 km/h  
Running performance: 8:46 min/km

Rank in course/Total: 6 (of 16)  
Rank in course/Women: 5 (of 14)  
Best time in course: 1:21:46

Rank in category: 5(of 14)  
Best time in the category: 1:21:46

## Intermediate times

## Stage score

## Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind			
				Cat.	Women	Cat.	Women				Cat.	Women	Cat.	Women		
Ilsestein	4.10	38:39	9:25	5		0:59	5	0:59	4.10	38:39	9:25	4		0:59	4	0:59
Loddenke	2.20	17:48	8:05	4		0:25	4	0:25	6.30	56:27	8:57	4		1:04	4	1:04
Ilsenburg/Markt	3.30	27:40	8:23	5		1:17	5	1:17	9.60	1:24:07	8:45	5		2:21	5	2:21