



41. Brockenlauf, 21. Ilsesteinlauf
Ilsenburg / 03.09.2011

Detailed evaluation

Gödeke, Wiebke

Club: ITS Ilsenburg
Number: 1014

Course: 9.60 km
Ilsestein-Walking

Category:
Walking Frauen

Total time: 1:24:07

Speed: 6.85 km/h
Running performance: 8:46 min/km

Rank in course/Total: 7 (of 16)
Rank in course/Women: 6 (of 14)
Best time in course: 1:21:46

Rank in category: 6(of 14)
Best time in the category: 1:21:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	38:37	9:25	2	0:57	2	0:57	4.10	38:37	9:25	3	0:57	3	0:57
Loddenke	2.20	17:50	8:06	5	0:27	5	0:27	6.30	56:27	8:57	4	1:04	4	1:04
Ilsenburg/Markt	3.30	27:40	8:23	5	1:17	5	1:17	9.60	1:24:07	8:45	5	2:21	5	2:21