



41. Brockenlauf, 21. Ilsesteinlauf

Ilsenburg / 03.09.2011

Detailed evaluation

Gödeke, Wiebke

Club: ITS Ilsenburg
Number: 1014

Course: 9.60 km
Ilsestein-Walking

Category:
Walking Frauen

Total time: 1:24:07

Speed: 6.42 km/h
Running performance: 8:46 min/km

Rank in course/Total: 7 (of 16)

Rank in course/Women: 6 (of 14)

Best time in course: 1:21:46

Rank in category: 6(of 14)

Best time in the category: 1:21:46

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos | | Behind | | Total | | Total | | Total | | Pos | | Behind | |
|-----------------|-------------|---------------|-----------------|------|-------|--------|-------|-------|---------|--------|------|-------|------|-------|--|--------|--|
| | | | | Cat. | Women | Cat. | Women | km | Time | min/km | Cat. | Women | Cat. | Women | | | |
| Ilsestein | 4.10 | 38:37 | 9:25 | 2 | | 2 | 0:57 | 4.10 | 38:37 | 9:25 | 3 | | 3 | 0:57 | | | |
| Loddenke | 2.20 | 17:50 | 8:06 | 5 | | 5 | 0:27 | 6.30 | 56:27 | 8:57 | 4 | | 4 | 1:04 | | 1:04 | |
| Ilsenburg/Markt | 3.30 | 27:40 | 8:23 | 5 | | 5 | 1:17 | 9.60 | 1:24:07 | 8:45 | 5 | | 5 | 2:21 | | 2:21 | |