



41. Brockenlauf, 21. Ilsesteinlauf

Ilsenburg / 03.09.2011

Detailed evaluation

Dietrich, Enncco

Total time: 35:14

Number: 682

Speed: 15.33 km/h

Running performance: 3:40 min/km

Course: 9.60 km

Rank in course/Total: 4 (of 149)

Ilsesteinlauf

Rank in course/Men: 4 (of 107)

Best time in course: 33:05

Category:

Rank in category: 4(of 15)

Männer M20

Best time in the category: 33:05

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	17:28	4:15	4	1:13	4	1:13	4.10	17:28	4:15	4	1:13	4	1:13
Loddenke	2.20	7:08	3:14	4	0:26	4	0:26	6.30	24:36	3:54	4	1:39	4	1:39
Ilsenburg/Markt	3.30	10:38	3:13	3	0:30	3	0:30	9.60	35:14	3:40	4	2:09	4	2:09