



41. Brockenlauf, 21. Ilsesteinlauf
Ilsenburg / 03.09.2011

Detailed evaluation

Lippe, Fabian

Club: Harz-Gebirgslauf Wernigerode
Number: 650

Course: 9.60 km
Ilsesteinlauf

Category:
männliche Jugend B

Total time: 37:51

Speed: 15.22 km/h
Running performance: 3:56 min/km

Rank in course/Total: 8 (of 149)

Rank in course/Men: 8 (of 107)

Best time in course: 33:05

Rank in category: 1(of 7)

Best time in the category: 37:51

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Ilsestein | 4.10 | 18:53 | 4:36 | 1 | - | 9 | 2:38 | 4.10 | 18:53 | 4:36 | 1 | - | 8 | 2:38 |
| Loddenke | 2.20 | 7:44 | 3:30 | 1 | - | 7 | 1:02 | 6.30 | 26:37 | 4:13 | 1 | - | 8 | 3:40 |
| Ilsenburg/Markt | 3.30 | 11:14 | 3:24 | 1 | - | 7 | 1:06 | 9.60 | 37:51 | 3:56 | 1 | - | 8 | 4:46 |