



41. Brockenlauf, 21. Ilsesteinlauf
 Ilsenburg / 03.09.2011

Detailed evaluation

Borowicz, Renate

Club: Kneipp-Verein Ilsenburg
 Number: 1009

Course: 9.60 km
 Ilsestein-Walking

Category:
 Walking Frauen

Total time: 1:44:17

Speed: 5.52 km/h
 Running performance: 10:52 min/km

Rank in course/Total: 12 (of 16)
 Rank in course/Women: 10 (of 14)
 Best time in course: 1:21:46

Rank in category: 10(of 14)
 Best time in the category: 1:21:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	47:42	11:38	9	10:02	9	10:02	4.10	47:42	11:38	9	10:02	9	10:02
Loddenke	2.20	23:45	10:47	13	6:22	13	6:22	6.30	1:11:27	11:20	10	16:04	10	16:04
Ilsenburg/Markt	3.30	32:50	9:56	13	6:27	13	6:27	9.60	1:44:17	10:51	10	22:31	10	22:31