



41. Brockenlauf, 21. Ilsesteinlauf
Ilsenburg / 03.09.2011

Detailed evaluation

Gerlach, Marcel

Club: Harz-Gebirgslauf Wernigerode
Number: 651

Course: 9.60 km
Ilsesteinlauf

Category:
männliche Jugend A

Total time: 40:41

Speed: 13.27 km/h
Running performance: 4:14 min/km

Rank in course/Total: 18 (of 149)

Rank in course/Men: 18 (of 107)

Best time in course: 33:05

Rank in category: 1(of 5)

Best time in the category: 40:41

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Ilsestein	4.10	19:47	4:49	1	-	15	3:32	4.10	19:47	4:49	1	-	13	3:32
Loddenke	2.20	8:20	3:47	1	-	15	1:38	6.30	28:07	4:27	1	-	18	5:10
Ilsenburg/Markt	3.30	12:34	3:48	1	-	17	2:26	9.60	40:41	4:14	1	-	18	7:36