



41. Brockenlauf, 21. Ilsesteinlauf

Ilsenburg / 03.09.2011

Detailed evaluation

Brune, Eric

Club: Ilsenburg

Number: 659

Course: 9.60 km

Ilsesteinlauf

Category:

männliche Jugend B

Total time: 45:47

Speed: 11.79 km/h

Running performance: 4:46 min/km

Rank in course/Total: 30 (of 149)

Rank in course/Men: 28 (of 107)

Best time in course: 33:05

Rank in category: 3(of 7)

Best time in the category: 37:51

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total		Total ranking	
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Ilsestein	4.10	22:54	5:35	4	4:01	28	6:39	4.10	22:54	5:35	3	4:01	28	6:39	
Loddenke	2.20	9:12	4:10	3	1:28	27	2:30	6.30	32:06	5:05	3	5:29	28	9:09	
Ilsenburg/Markt	3.30	13:41	4:08	4	2:27	34	3:33	9.60	45:47	4:46	3	7:56	28	12:42	