



41. Brockenlauf, 21. Ilsesteinlauf  
 Ilsenburg / 03.09.2011

Detailed evaluation

Schindler, Lutz

Club: MSV Eintracht Halberstadt  
 Number: 704

Course: 9.60 km  
 Ilsesteinlauf

Category:  
 Männer M65

Total time: 46:38

Speed: 12.35 km/h  
 Running performance: 4:52 min/km

Rank in course/Total: 38 (of 149)

Rank in course/Men: 36 (of 107)

Best time in course: 33:05

Rank in category: 1(of 6)

Best time in the category: 46:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	23:20	5:41	1	-	35	7:05	4.10	23:20	5:41	1	-	36	7:05
Loddenke	2.20	9:40	4:23	1	-	44	2:58	6.30	33:00	5:14	1	-	36	10:03
Ilsenburg/Markt	3.30	13:38	4:07	1	-	31	3:30	9.60	46:38	4:51	1	-	36	13:33