



41. Brockenlauf, 21. Ilsesteinlauf

Ilsenburg / 03.09.2011

Detailed evaluation

Eggert, Sven

Club: NSV Wernigerode

Number: 617

Course: 9.60 km

Ilsesteinlauf

Category:

männliche Jugend B

Total time: 47:49

Speed: 12.05 km/h

Running performance: 4:59 min/km

Rank in course/Total: 46 (of 149)

Rank in course/Men: 43 (of 107)

Best time in course: 33:05

Rank in category: 6(of 7)

Best time in the category: 37:51

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	23:01	5:36	5	4:08	33	6:46	4.10	23:01	5:36	6	4:08	43	6:46
Loddenke	2.20	10:15	4:39	6	2:31	54	3:33	6.30	33:16	5:16	6	6:39	43	10:19
Ilsenburg/Markt	3.30	14:33	4:24	6	3:19	49	4:25	9.60	47:49	4:58	6	9:58	42	14:44