



41. Brockenlauf, 21. Ilsesteinlauf
Ilsenburg / 03.09.2011

Detailed evaluation

Hentsch, Axel

Club: SV Hermsdorf
Number: 566

Course: 9.60 km
Ilsesteinlauf

Category:
männliche Jugend B

Total time: 48:56

Speed: 11.04 km/h
Running performance: 5:06 min/km

Rank in course/Total: 50 (of 149)

Rank in course/Men: 47 (of 107)

Best time in course: 33:05

Rank in category: 7(of 7)

Best time in the category: 37:51

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	24:02	5:51	7	5:09	45	7:47	4.10	24:02	5:51	7	5:09	46	7:47
Loddenke	2.20	10:18	4:40	7	2:34	55	3:36	6.30	34:20	5:26	7	7:43	46	11:23
Ilsenburg/Markt	3.30	14:36	4:25	7	3:22	50	4:28	9.60	48:56	5:05	7	11:05	47	15:51