



41. Brockenlauf, 21. Ilsesteinlauf  
Ilsenburg / 03.09.2011

Detailed evaluation

Brehsan, Marcus

Club: FSV Grün-Weiß Ilsenburg  
Number: 662

Course: 9.60 km  
Ilsesteinlauf

Category:  
männliche Jugend A

Total time: 49:17

Speed: 10.96 km/h  
Running performance: 5:08 min/km

Rank in course/Total: 54 (of 149)

Rank in course/Men: 51 (of 107)

Best time in course: 33:05

Rank in category: 2(of 5)

Best time in the category: 40:41

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Ilsestein	4.10	25:10	6:08	3	5:23	58	8:55	4.10	25:10	6:08	2	5:23	51	8:55
Loddenke	2.20	9:31	4:19	2	1:11	38	2:49	6.30	34:41	5:30	2	6:34	51	11:44
Ilsenburg/Markt	3.30	14:36	4:25	3	2:02	50	4:28	9.60	49:17	5:08	2	8:36	51	16:12