



41. Brockenlauf, 21. Ilsesteinlauf

Ilsenburg / 03.09.2011

Detailed evaluation

Hirsch, Detlef

Club: TV Dessau 92 e. V.

Number: 592

Course: 9.60 km

Ilsesteinlauf

Category:

Männer M50

Total time: 50:14

Speed: 11.47 km/h

Running performance: 5:14 min/km

Rank in course/Total: 61 (of 149)

Rank in course/Men: 57 (of 107)

Best time in course: 33:05

Rank in category: 3(of 8)

Best time in the category: 40:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	24:56	6:04	3	5:19	52	8:41	4.10	24:56	6:04	3	5:19	57	8:41
Loddenke	2.20	10:27	4:44	4	2:11	59	3:45	6.30	35:23	5:36	3	7:30	57	12:26
Ilsenburg/Markt	3.30	14:51	4:30	3	2:07	58	4:43	9.60	50:14	5:13	3	9:37	57	17:09