



41. Brockenlauf, 21. Ilsesteinlauf

Ilsenburg / 03.09.2011

Detailed evaluation

Dähnn, Kjell

Club: Grün- Weiß Ilsenburg

Number: 573

Course: 9.60 km

Ilsesteinlauf

Category:

männliche Schüler A

Total time: 50:23

Speed: 11.43 km/h

Running performance: 5:15 min/km

Rank in course/Total: 62 (of 149)

Rank in course/Men: 58 (of 107)

Best time in course: 33:05

Rank in category: 2(of 2)

Best time in the category: 47:02

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	25:35	6:14	2	2:40	62	9:20	4.10	25:35	6:14	2	2:40	58	9:20
Loddenke	2.20	10:33	4:47	2	1:08	64	3:51	6.30	36:08	5:44	2	3:48	58	13:11
Ilsenburg/Markt	3.30	14:15	4:19	1	-	45	4:07	9.60	50:23	5:14	2	3:21	58	17:18