



# 41. Brockenlauf, 21. Ilsesteinlauf

Ilsenburg / 03.09.2011

## Detailed evaluation

### Schomburg, Karl-Heinz

Club: Laufteam Urbockstübchen Einbeck  
Number: 599

Course: 9.60 km  
Ilsesteinlauf

Category:  
Männer M55

Total time: 51:03

Speed: 11.28 km/h

Running performance: 5:19 min/km

Rank in course/Total: 69 (of 149)

Rank in course/Men: 63 (of 107)

Best time in course: 33:05

Rank in category: 3(of 7)

Best time in the category: 38:02

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	25:25	6:11	3	6:42	59	9:10	4.10	25:25	6:11	3	6:42	63	9:10
Loddenke	2.20	10:31	4:46	3	2:37	63	3:49	6.30	35:56	5:42	3	9:19	63	12:59
Ilsenburg/Markt	3.30	15:07	4:34	3	3:42	63	4:59	9.60	51:03	5:19	3	13:01	63	17:58