



41. Brockenlauf, 21. Ilsesteinlauf  
 Ilsenburg / 03.09.2011

Detailed evaluation

Rößler, Michelle

Club: Harz-Gebirgslauf Wernigerode  
 Number: 653

Course: 9.60 km  
 Ilsesteinlauf

Category:  
 weibliche Schüler A

Total time: 52:00

Speed: 10.38 km/h  
 Running performance: 5:25 min/km

Rank in course/Total: 76 (of 149)

Rank in course/Women: 9 (of 42)

Best time in course: 41:50

Rank in category: 1(of 3)

Best time in the category: 52:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking					
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Ilsestein	4.10	25:58	6:19	2	0:01	10	6:13	4.10	25:58	6:19	1	-	30
Loddenke	2.20	11:04	5:01	1	-	12	2:34	6.30	37:02	5:52	1	-	30
Ilsenburg/Markt	3.30	14:58	4:32	1	-	9	2:06	9.60	52:00	5:25	1	-	9 10:10