



41. Brockenlauf, 21. Ilsesteinlauf

Ilsenburg / 03.09.2011

Detailed evaluation

Eggert, Katrin

Club: NSV Wernigerode

Number: 615

Course: 9.60 km

Ilsesteinlauf

Category:

Frauen W40

Total time: 53:07

Speed: 10.84 km/h

Running performance: 5:32 min/km

Rank in course/Total: 82 (of 149)

Rank in course/Women: 12 (of 42)

Best time in course: 41:50

Rank in category: 2(of 7)

Best time in the category: 49:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking					
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Ilsestein	4.10	26:23	6:26	2	1:00	12	6:38	4.10	26:23	6:26	2	1:00	22
Loddenke	2.20	10:53	4:56	2	1:05	9	2:23	6.30	37:16	5:54	2	2:05	22
Ilsenburg/Markt	3.30	15:51	4:48	2	1:27	12	2:59	9.60	53:07	5:31	2	3:32	12 11:17