



41. Brockenlauf, 21. Ilsesteinlauf
Ilsenburg / 03.09.2011

Detailed evaluation

Schmidt, Hans-Arne

Club: Wernigerode
Number: 697

Course: 9.60 km
Ilsesteinlauf

Category:
Männer M50

Total time: 54:52

Speed: 9.84 km/h
Running performance: 5:43 min/km

Rank in course/Total: 86 (of 149)

Rank in course/Men: 73 (of 107)

Best time in course: 33:05

Rank in category: 5(of 8)

Best time in the category: 40:37

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|-----------------|-------|-------|--------|------|--------|-----|--------|-------|-------|--------|------|--------|-----|--------|
| | km | Time | min/km | Cat. | Cat. | Men | Men | km | Time | min/km | Cat. | Cat. | Men | Men |
| Ilsestein | 4.10 | 26:07 | 6:22 | 5 | 6:30 | 70 | 9:52 | 4.10 | 26:07 | 6:22 | 5 | 6:30 | 73 | 9:52 |
| Loddenke | 2.20 | 11:45 | 5:20 | 5 | 3:29 | 82 | 5:03 | 6.30 | 37:52 | 6:00 | 5 | 9:59 | 73 | 14:55 |
| Ilsenburg/Markt | 3.30 | 17:00 | 5:09 | 6 | 4:16 | 80 | 6:52 | 9.60 | 54:52 | 5:42 | 5 | 14:15 | 73 | 21:47 |