



41. Brockenlauf, 21. Ilsesteinlauf

Ilsenburg / 03.09.2011

Detailed evaluation

Blumeyer, Mark

Number: 672

Course: 9.60 km

Ilsesteinlauf

Category:

männliche Jugend A

Total time: 56:51

Speed: 9.50 km/h

Running performance: 5:55 min/km

Rank in course/Total: 94 (of 149)

Rank in course/Men: 78 (of 107)

Best time in course: 33:05

Rank in category: 5(of 5)

Best time in the category: 40:41

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Ilsestein	4.10	27:03	6:35	5	7:16	73	10:48	4.10	27:03	6:35	5	7:16	78	10:48
Loddenke	2.20	12:48	5:49	5	4:28	96	6:06	6.30	39:51	6:19	5	11:44	78	16:54
Ilsenburg/Markt	3.30	17:00	5:09	5	4:26	80	6:52	9.60	56:51	5:55	5	16:10	78	23:46