



41. Brockenlauf, 21. Ilsesteinlauf

Ilsenburg / 03.09.2011

Detailed evaluation

Wilke, Kerstin

Club: SV Kloster Lehnin

Number: 572

Course: 9.60 km

Ilsesteinlauf

Category:

Frauen W35

Total time: 1:01:08

Speed: 8.83 km/h

Running performance: 6:22 min/km

Rank in course/Total: 122 (of 149)

Rank in course/Women: 27 (of 42)

Best time in course: 41:50

Rank in category: 4(of 4)

Best time in the category: 43:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking					
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Ilsestein	4.10	30:43	7:29	4	10:58	23	10:58	4.10	30:43	7:29	4	10:58	6
Loddenke	2.20	11:59	5:26	3	2:53	23	3:29	6.30	42:42	6:46	4	13:51	6
Ilsenburg/Markt	3.30	18:26	5:35	4	4:03	30	5:34	9.60	1:01:08	6:22	4	17:54	27 19:18